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|  | **Ingredients** | **Step** |
| Kale Dip | 3 cups  frozen or fresh **blueberries**  2 teaspoons  **butter** or **margarine**, softened  1 Tablespoona  **all-purpose flour**  1 Tablespoon  **brown sugar**  1⁄2 cup  **old fashioned rolled oats**  1⁄2 teaspoon  **cinnamon** | 1. Preheat the oven to 375 degrees F. 2. Place frozen blueberries in a 9-inch pie plate. If using fresh blueberries, wash and drain before placing in a 9-inch pie plate. 3. In a small bowl, use a fork to mix margarine, flour, sugar, oats and cinnamon. 4. Sprinkle oat mixture over the blueberries. 5. Bake for about 25 minutes. Enjoy while warm! 6. Refrigerate leftovers within 2 hours. |